



QUALISS



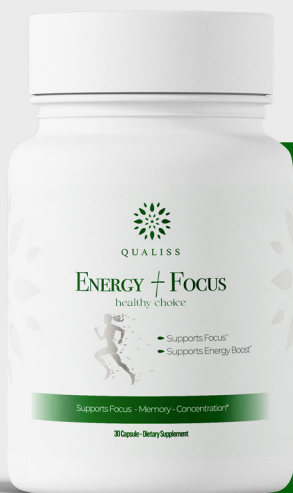


a healthy choice

QUALISS FOR ADULTS







ENERGY + FOCUS

Supports Energy Boost*
Supports Focus - Memory
Concentration*
30 Capsules

Serving Size 1 Capsule

Teainin	100 mg
Taurin	100 mg
Caffeine	100 mg

Qualiss Energy + Focus is formulated with an optimal blend of Caffeine, Theanine and Taurine. This powerful formula will give you a burst of energy while enhancing your memory, concentration and focus.

Energy + Focus will help you feel energized and be at the peak of your productivity every day.

METHYL - B12

Helps Support Mood & Energy*
Supports the Reduction of Fatigue & Exhaustion*
Supports Normal Red Blood Cell formation *

Serving size 1 tablet

B12 (methylcobalamin)	2000 mcg
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Qualiss Methyl B-12 (methylcobalamin) contains a biologically active form of vitamin B12 that helps to support cellular energy function, brain health, improve sleep and mood. For high bioavailability, sublingual use is preferred and the natural active form of methylcobalamin is used.



OMEGA 3

Supports Immune System*
Supports Brain Function*
High DHA Levels

Serving size 1 softgel

Fish Oil	1000 mg
EPA	100 mg
DHA	500 mg
Vitamin D	25mcg (1000 IU)

EPA and DHA, two of the essential oils in fish oil, help to support a healthy heart and immune system. With its high levels of DHA, **Qualiss Omega 3** is a great supplement to support your cognitive performance.



B-COMPLEX



Support Nervous System - Energy Metabolism*
High Potency - Full Bioactive Formula

Qualiss B-Complex is a high-potency B-complex product thanks to its fully bioactive formula. Its rich and bioactive ingredients help to improve the nervous system and support energy metabolism.

Serving Size 1 capsule

Vitamin B1 (Thiamine HCl)	25 mg
Vitamin B2 (Riboflavin 5-Phosphate)	25 mg
Vitamin B3 (Niacinamide)	20 mg
Vitamin B5 (Cal-D-Pantothenate)	100 mg
Vitamin B6 (P5P)	50 mg
Vitamin B7 (D-Biotin)	300 mg
Vitamin B9 (Calcium L-Methyltetrahydrofolate)	400 mcg
Vitamin B12 (Methylcobalamine)	100 mcg
Choline (Bitartrate)	50 mg
Inositol	50 mg

MULTIVITAMIN & MULTIMINERAL



Bone Health - Heart Health
Immune Health - Skin Health*
Healthy Muscle - Healthy Energy Metabolism *
With Korean Ginseng

A complete ***multivitamin / multimineral supplement*** formulated for adults.

Folate, selenium and vitamins C, D boost immune function,
Copper, B-vitamins and vitamin C help the nervous system,

Zinc, iron and iodine improve cognitive functions,

Iron and B-vitamins boost energy production,

Thiamine supports heart health,

Biotin, zinc, copper and selenium promote hair health,

Vitamin A, selenium, niacin, biotin, riboflavin and vitamin C maintain skin health,

Selenium and zinc support the growth of healthy, strong nails.

Pantothenic acid, vitamin B6 and zinc regulate the body's hormone balance.

Serving Size 1 Capsule

Magnesium (as Bisglycinate)	100 mg
Red Korean Ginseng Extract	40 mg
Vitamin C	150 mg
Zinc (as Picolinate)	10 mg
Vitamin B3 (Niacinamide)	25 mg
Iron (as Bisglycinate)	10 mg
Vitamin B5 (Cal-D-Pantothenate)	10 mg
Vitamin E (dl-Alpha Tocopheryl Acetate)	15 mg
Coenzyme Q10	5 mg
Vitamin B6 (P5P)	5 mg
Vitamin B1 (Thiamine HCl)	2,5 mg
Vitamin B2 (Riboflavin 5-Phosphate)	2,5 mg
Manganese (as Manganese Sulfate)	2 mg
Copper (as Copper Sulfate)	1 mg
Vitamin A (Retinyl Palmitate)	1000 mcg
Vitamin B9 (Calcium L-Methyltetrahydrofolate)	400 mcg
Chromium (as Picolinate)	150 mcg
Selenium (as L-Selenomethionine)	100 mcg
Molybdene (as Sodium Molybdate)	50 mcg
Vitamin B7 (D-Biotin)	50 mcg
Vitamin K2 (as MK-7)	25 mcg
Vitamin D3 (as Cholecalciferol)	10 mcg
Vitamin B12 (Methylcobalamine)	10 mcg
Hesperidine	5 mg
Choline (Bitartrate)	10 mg
Inoitol	30 mg
MSM	30 mg

COLLAGEN *my* BEAUTY



Serving Size 1 sachet (12 g)

Hydrolyzed Collagen	10000 mg
Hyaluronic Acid	120 mg
D-Biotin	2500 mcg
Coenzyme Q10	10 mg
Vitamin C	200 mg
Lactobacillus Plantarum	2B CFU
Alpha Lipoic Acid	50 mg

My Beauty Collagen contains 120 mg hyaluronic acid and 2 Billion CFU Probiotics to support healthy hair, skin, nails and joints while maintaining skin moisture levels. The addition of Alpha Lipoic Acid helps to reduce the signs of aging.

High Performance Anti-Aging*

Supports Healthy Skin - Hair - Nail*

Hyaluronic Acid 120 mg -Mango Flavored

MELATONIN SLEEP

Calming Effect*

Supports Long Lasting and Quality Sleep*

Helps Promote Relaxation*

Serving Size 1 Capsule

Melatonin	3 mg
L-Theanine	100 mg
Magnesium (as Bisglycinate)	100 mg

Qualiss Melatonin Sleep helps to relax thanks to its calming effect, ensuring quality and long-lasting sleep.



COLLAGEN FOR BONE & JOINT

Qualiss Collagen for Bone and Joint contains hydrolyzed and undenatured Type 2 Bovine Collagen. In addition, Glucosamine Sulfate, Methylsulfonylmethane (MSM), Chondroitin sulfate, Hyaluronic Acid are among the most powerful supports for cartilage, joint, muscle and bone health and to slow down the aging effects.

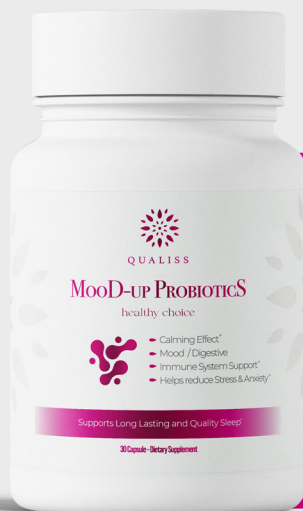
Collagen Type II
With Undenatured Type II Collagen
Supports Collagen Formation*
Supports Bone - Joint - Cartilage - Muscle*

Serving size 3 tablets

Glucosamine Sulfate	200 mg
Chondroitin Sulfate	200 mg
MSM	400 mg
Boswellia Serrata Extract	50 mg
Undenatured Type II Collagen	40 mg
Hydrolyzed Collagen	1000 mg
Vitamin C	50 mg
Bromelain	40 mg
Hyaluronic Acid	120 mg



MOOD-UP PROBIOTICS



Mood - Digestive - Immune System Support*
Helps Reduce Stress & Anxiety*

Serving Size 1 Capsule

Lactobacillus helveticus r0052	5 Billion CFU
Lactobacillus rhamnosus r0011	
Bifidobacterium longum r0175	
L-Glutamine	1200 mg

Qualiss Mood-Up Probiotics contains different probiotic strains with clinically proven efficacy, which play an effective role in reducing stress, boosting your mood and increasing your focus. These special probiotics are effective in regulating cognitive and emotional functions as well as contributing to the healthy functioning of the digestive system.



MAGNESIUM PENTAMAG

Elemental Magnesium
Maximum bioavailability
Premium Magnesium Complex
Supports Muscle - Nerve Function
Immune System*
Promotes Restful Sleep*

Serving Size 3 Capsules

Magnesium L-Threonate	20 mg
Magnesium Malate	50 mg
Magnesium Bisglycinate	50 mg
Magnesium Citrate	30 mg
Magnesium Taurate	50 mg
B6 Pyridoxal 5'-Phosphate (P5P)	5 mg

Qualiss PentaMag is a premium magnesium complex product. This special formulation contains 5 different forms of magnesium in elemental doses for maximum efficacy and bioavailability: Magnesium L-Threonate, Malate, Bisglycinate, Citrate and Taurate.

MAGNESIUM L- THREONATE

Supports Brain Health & Function*
Supports to Raise Magnesium Levels in the Brain*
Enhances Memory & Cognitive Function*

Serving Size 3 Capsules

Magnesium L-Threonate (Elemental) 144 mg

Magnesium is involved in 300 different biochemical reactions and it is very difficult to cross the brain barrier and reach the brain. **Qualiss Magnesium L-Threonate** contains the most effective form of magnesium that can cross the brain barrier according to recent studies. This specialized form not only treats magnesium deficiency, which is vital in the modern diet, but also provides cognitive enhancements such as learning, memory and focus.



Q More

Serving Size 2 Capsules
60 Capsules- Dietary Supplement
Supports Immune System*
High Bioavailability
Quality Raw Materials
Rich Ingredients



Serving Size 2 Capsules

Vitamin C	800 mg
Vitamin D	25 mcg / 1000 IU
Propolis	200 mg
Black Elderberry	50 mg
Beta Glucan	30 mg
Zinc	15 mg
Selenium	100 mcg
Probiotic	2B CFU
Lactobacillus Paracasei	
Bifidobacterium Animals Spp Lactis	

Qualiss Q More is a complex product with high bioavailability thanks to its formula enriched with eight ingredients consisting of carefully selected raw materials.

Thanks to its rich content; it helps to support energy metabolism and normal function of the immune system. Selenium, Zinc support the development of healthy and strong nails and hair.

Vitamin C, Vitamin D, Black Elderberry strengthen the normal function of the immune system.

Probiotics help to maintain the natural balance in the gastrointestinal flora.

Propolis has a wound healing effect. Beta Glucan is used as a support in diseases such as fatigue, stress, upper respiratory tract infections such as colds, flu, etc. during seasonal transitions and some allergies.

COLLAGEN PEPTIDES

Hydrolyzed Type I & III Collagen with 18
Amino Acids
Net wt 300 gr 30 Servings
Dietary Supplement
Supports Healthy Skin & Nails*
Supports Joint Health & Function*
Helps Support Healthy Bones*
Unflavored



Serving Size 1 Scoop 10 g

Hydrolyzed Bovine Collagen Peptides	10000 mg
D-Biotin	5000 mg
Vitamin C	50 mg

Qualiss Collagen Peptides contains 10 g of Type 1 - 3 hydrolyzed bovine collagen, Biotin, and Vitamin C to support hair, nails, skin, bone, and joint health. You can take your daily dose of collagen with all the nutrition you may need by adding it to any hot or cold beverage.

GQUAD



Supports Weight Control*
Supports Fat Burning*

Serving size 2 Capsules

Guarana Extract

Glucomannan Extract

Garcinia Cambogia Extract

Green Tea Extract

Qualiss GQuad gives you the energy and strength to manage your weight without feeling exhausted, while balancing your appetite, thanks to its special blend of quaternary plant extracts.

D3 + K2 (MK-7)



Formulated with organic olive oil
The ultimate absorption
20 ml

Serving Size 1 Drop

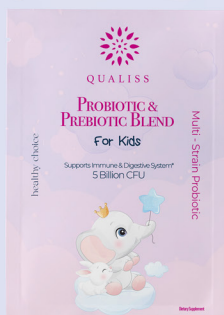
D3	125 mcg (5000 IU)
K2 (Menaquinone-7)	100 mcg
Organic Olive Oil	

Qualiss Vitamin D3+K2 (MK-7) contains vitamin D3 and vitamin K2, which are vital for bone health. Vitamin D3 is beneficial as it helps the body absorb Calcium and Phosphorus and supports immune function.

Vitamin K2 is essential for strong bones and also for modulating Calcium.

The organic olive oil in **Qualiss Vitamin D3+K2** optimizes the absorption of these vitamins.

PROBIOTIC & PREBIOTIC BLEND



Supports Immune & Digestive System*
Multi - Strain Probiotic
No Additives

Serving Size 1 Sachet

Inulin	300 mg
L-Glutamine	1200 mg
Streptococcus thermophilus	5 Billion CFU
Lactobacillus plantarum	
Bifidobacterium breve	
Bifidobacterium longum	
Bacillus coagulans	
Bacillus subtilis	

Clinically proven, additive-free, multi-strain **probiotic and prebiotic supplement for children** that helps boost immunity and support digestive health.

KID'S IMMUNITY

Kids Immunity Syrup contains an excellent blend of C, D, Black Elderberry, Zinc and Propolis to help support your child's immune system, cognitive function and healthy bone development.

Serving Size 5 ml

Vitamin C	100 mg
Vitamin D	15 mcg (600 IU)
Zinc Picolinate	5 mg
Sambucus Nigra Extract	100 mg
Propolis	100 mg
Carob Molasses	

Supports Healthy Immune System*
Ultimate Formula



D₃ + K₂ (MK-7)

For Kids



Formulated with organic olive oil
The ultimate absorption
20 ml
120 days supply

Serving Size 1 Puff

D3	25 mcg (1000 IU)
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K2 (Menaquinone-7)	30 mcg
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Organic Olive Oil	
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With Qualiss D3+K2 (MK-7) for Kids, support your growing baby's bone health with these crucial vitamins, help boost Calcium absorption and support vitamin levels with these easy-to-take, sugar-free puffs.
Vitamin K2 is essential for strong bones and also for modulating Calcium.
The organic olive oil in **Qualiss Vitamin D3+K2** optimizes the absorption of these vitamins.

A male and female athlete are running on a track. The image is overlaid with a semi-transparent green filter. The text "QUALISS SPORTS NUTRITION" is centered over the image.

QUALISS
SPORTS NUTRITION

BCAA+

Serving size 1 scoop 15 g

L-Leucine	4000 mg
L-Isoleucine	1000 mg
L-Valine	1000 mg
L-Glutamine	5000 mg
L-Citrulline Malate	1000 mg
Electrolyte blend (sodium citrate, potassium chloride, sodium chloride)	1000 mg
Vitamin B6	5 mg



With L-Citrulline malate
Net wt: 450 grams 30 Services
Perfect Before - During - After Workout
Enhances Energy - Strength - Performance*

BCAA is the name given to three of the nine essential amino acids needed to make protein: leucine, isoleucine and valine. It is a favorite among athletes and those who want to build muscle.

Qualiss BCAA contains 6 g of BCAA in a 4:1:1 ratio with Glutamine, Citrulline Malate, Vitamin B6 and a mixture of electrolytes. L-Glutamine and L-Citrulline are involved in many metabolic processes, including synthesis and maintenance of muscle tissue, glycogen production, immunity and immune support during muscle stress. Electrolyte Blend - A proprietary blend with specific ratios of Magnesium, Sodium and Potassium to overcome mineral deficiencies during training. Vitamin B6 is best known for nervous system health and tendon strength. **Qualiss BCAA** helps facilitate both fat burning and new muscle formation. Use **Qualiss BCAA** to build muscle, burn fat and prolong the intensity of your next workout.

Serving size 1 scoop 5 g

L-Glutamine	5 g
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L-GLUTAMINE POWDER

Net Wt: 300 gr -1 scoop 5 g

60 Servicing

Post Workout

Supports Muscle Tissue*

Supports Immune Function*

Unflavored

Qualiss L-Glutamine contains 5 grams of pure Glutamine powder per serving.

Pure Glutamine Powder helps to maintain a positive nitrogen balance crucial for any active individual aids in the production of rapidly growing cells to offset some of the stress from physical exertion and helps to regulate the body pH to support homeostasis, which is critical for overall fitness. Glutamine has many important physiological functions in the body, such as playing a vital role in protein synthesis and supporting glycogen replenishment, which is key to building muscle and recovering quickly after training.

Qualiss L-Glutamine is tasteless and odorless and can be used either pure or in combination with other dietary choices.

Serving size 1 scoop 5 g

L-Carnitine L-Tartrate	3000 mg
Taurine	890 mg
Caffeine	100 mg
Vitamin B6	10 mg



L-CARNITINE POWDER

Net Wt: 300 gr -1 Scoop 5g

60 Servicing

Pre Workout

Supports Brain Health & Healthy Mood*

Supports Exercise Stamina*

Supports Fat Burning*

L - Carnitine Powder is one of the amino acid derivatives. The carnitine supplement, which athletes prefer to use during training periods, especially in order to reach their target weights, is an important nutrient source that participates in many functions in the body.

Taurine - a type of amino acid found in the brain, retina and heart. It has an effective role in strengthening muscles and bones, balancing cholesterol, supporting brain function and energy production.

Caffeine - provides mental stimulation and energy boost before exercise.

MICRONIZED CREATINE POWDER

Serving size 1 scoop 5 g

Creatine Monohydrate

5 g



Net Wt: 300 gr -1 scoop 5 g

60 Servings

Post Workout

Supports Muscle Building*

Unflavored

Qualiss Micronized Creatine Powder contains 5 grams of pure creatine monohydrate per serving. Creatine boosts energy, endurance and recovery, and supports muscle building, performance, strength and endurance when used after workouts. Micronized for high absorbcency to get the most out of every dose and unflavored for easy mixing into your favorite beverage.

Serving size 3 capsules

Magnesium (Malate + Citrate + Oxide)	400 mg
Vitamin B6 (Pyridoxal 5'-Phosphate)	15 mg
Zinc Picolinate	15 mg
L-Arginine	250 mg
L-Lysine	250 mg



ZMAG

90 Capsules / 30 Servicing
Strong Support Pre-Workout
Support for Active Adults

Qualiss ZMAG is a powerful combination of zinc, magnesium, and vitamin B6 that has been shown to increase muscle strength, size, and recovery when used in an intensive weight training program. **Qualiss ZMAG** is formulated with L-Arginine and L-Lysine to support post-workout recovery. Zinc plays a central role in regulating cellular growth, tissue repair and maintaining a healthy immune system, while Magnesium is essential for maintaining electrolyte balance, energy production, and normal neuromuscular function. Vitamin B6 improves tendon flexibility and strength and has been proven to help reduce pain, swelling, and inflammation in tendons and muscles. L-Arginine as an amino acid increases blood flow rate and frees the body to circulate fresh blood, which helps oxygenate muscle and joint tissues. L-Lysine is an amino acid that your body uses to make protein and repair muscles. Benefits include blood sugar control, anxiety and stress management, collagen formation, and wound healing.

Your body cannot produce lysine, so you need to get it from diet or dietary supplements. Since physical activity can increase the need for these two minerals, **Qualiss ZMAG** is an ideal supplement to help with the replenishment of these elements.

Qualiss Health

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Menderes İZMİR

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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